



Ucluelet Secondary School Health and Wellness Activities for April – June

Wednesday April 23rd	Sexual Health Education	C1- Outdoor Education 10 Maxwell, WM10 Mudge, Strength 11/12 Copeland A2- Science 9 Davis B1 – Careers 8 Vernich B2 – Socials 8 Carpentier
Thursday April 24th	Sexual Health Education	A1- Science 9 Maxwell C2 – Environmental Science 12 Nixon, Art 10-12 Mcwhinney C1- Textiles 11/12 Cirella, Music 10-12 Henderson
Friday April 25th	Tobacco and Vapor Presentation	A- Science 9 Maxwell and Davis. B- Socials 8, Careers 8, Vernich, Davis, Carpentier.
Tuesday April 29th	ICBC road safety presentation	First Block 8:50-10am EFP 11 Anderson Physics 12 Cirella Drafting 11 Mudge BCFP 12 Nixon GYM 11/12 Grigg
Wednesday May 7th	Sexual Health Education	C1- Outdoor Education 10 Maxwell, WM10 Mudge, Strength 11/12 Copeland A2- Science 9 Davis B1 – Careers 8 Vernich B2 – Socials 8 Carpentier
Thursday May 8th	Sexual Health Education	A1- Science 9 Maxwell C2 – Environmental Science 12 Nixon, Art 10-12 Mcwhinney C1- Textiles 11/12 Cirella, Music 10-12 Henderson
Wednesday May 14th	Redefining Masculinity Workshop	D block Media Arts- Carla Writing 12 – Heather Anatomy 12 – Colin

		Science 10- Grigg Socials 10- Nixon A block Careers 8 Chloe Socials 8 Jonathan Science 9 Colin and Carla
Friday June 13th	WEST COASTCHELLA	All classes, all afternoon!

April 23rd – Sexual Health Education

April 24th – Sexual Health Education

April 25th- Tobacco and Vapor Presentation

April 29th- ICBC road safety presentation

May 7th - Sexual Health Education

May 8th- Sexual Health Education

May 14th – Redefining Masculinity Workshop

June 13th- 3rd Annual West Coastchella

Sexual Health Education: Hillary Mcleod – grades 8 -12

Hillary will be completing the final topic of sexual health education for the year on perspectives of sex and sexuality.

Island Health Tobacco and Vapor Presentation- grade 8's and 9's

Overview of tobacco, vapour products, and health concerns; Nicotine and health effects; Product marketing and youth appeal; Peer-pressure and strategies for decision making; and resources and support.

Preventure Program- grade 8's

The program aims to equip young people with self-efficacy and cognitive behavioural skills to help them cope with the numerous developmental challenges that many adolescents face, such as academic stress, peer pressure, interpersonal conflict, and identity development.

ICBC road safety presentation- grade 11's

Road safety presentation by Kevin Brooks. Kevin knows the horror of one day waking up to a life that has changed forever. From his wheelchair, he tells his story to audiences across North America, as a reminder to think before getting into a vehicle. He shares the consequences of his crash and the deep hurt felt by his loved ones so many can learn to not make the same mistakes. You'll laugh, you'll cry and you'll remember his story.

PLEA Redefining Masculinity Workshop- grades 8-12

This hour-long presentation tackles various aspects of masculinity and how young men can contribute to preventing sexual violence in Canada. It is delivered to youth in grades 8-12 as a candid conversation about sexual violence, consent, rape culture, and victim blaming, the societal costs of toxic masculinity, positive role-models, and more. It also gives youth essential bystander intervention strategies so that they can step up to gender-based violence and help break the cycle of silence surrounding the issue.

3rd Annual West Coastchella- grades 8-12

West Coastchella is a school wide music festival and year-end celebration. West Coastchella is a celebration of students' music and bands as well as a connection-focused event with local community support and collaborators, hosting booths to connect with students going into the summer months.