



USS' End of Semester Update Bulletin



USS Loves our Breakfast for Learning mornings.

Thank you

Karen Mudge 😊 and her morning student helpers!

End of Semester One:

Monday, January 27th is a scheduled turnaround day for staff with no school for students.

Next week we will begin our semester two classes on Tuesday, January 28th. After our normal breakfast for learning time from 8:35am-8:50am students will go to their homerooms to receive their semester two schedules.

Mr. Ryan and Ms. Hagar have been meeting with grade 10-12 students over the past three weeks ensuring schedules are meeting the needs of students. If your child has a scheduling question, please remind them to sign up at the office to book a meeting time with either Mr. Ryan or Ms. Hagar.

Grad Update

Grad photo information has been sent out to graduates and families. If you need further information please contact Corrine Corlazzoli at 250-726-7796 or ccorlazzoli@sd70.bc.ca.

Extra-curricular

We are very pleased to offer various extra-curricular opportunities throughout the school year for our students. Student athletes need to adhere to USS' Athletic Code of Conduct which needs to be signed prior to engaging in any extra-curricular sport (see attached).

We **EXTREMELY** appreciate the time and dedication our staff and community volunteers commit to running practices, games, and tournaments 😊 Below is a current list of programs running, practice days, and coach contacts. Please note coaches will send out various correspondence to their athletes' families throughout the season of play.

Coach/Sponsor/Manager Email	Activity	Day(s) of the Week	Start & End Dates
Chris Sylvester csylvester@sd70.bc.ca Colin Maxwell CMaxwell@sd70.bc.ca Alistair Reynolds AREynolds@sd70.bc.ca Kevin Nixon knixon@sd70.bc.ca	Jr. Boys' B-ball Sr. Boys' B-Ball	Tue & Wed 3:10-5:00pm Mon, Wed & Thur 5:00-6:30pm Fri Optional: 2:00-5:00pm	Nov-Mar
Ornella Cirella OCirella@sd70.bc.ca Emily Collins ECollins@sd70.bc.ca	Girls' B-Ball	Mon 3:10pm-5pm Tues 5pm-6:30pm Thur 3:10pm-5pm	Nov-Mar
Colin Maxwell CMaxwell@sd70.bc.ca Bryan Grigg BGrigg@sd70.bc.ca	Grade 8 Boys' Volleyball	Wed 3:10-5:pm	Nov-Mar
Chloe Vernich CVernich@sd70.bc.ca Golrokh Noori gnoori@sd70.bc.ca	Wrestling	Tues & Thur 3:10-5:00pm	Nov-Mar
Jess Bennett JBennett@sd70.bc.ca Emily Collins ECollins@sd70.bc.ca	Queer Youth Connections	Wednesdays 3:10-5:00pm	yearly
Shannon McWhinney	Art Club	Wednesdays 3:10-5:00pm	yearly
Rory Henderson rhenderson@sd70.bc.ca	Open Mic	Third Wednesday of each month 12:15-12:55pm	

***USS' late bus runs Monday-Thursday leaving USS at 5pm. Students are expected to follow the same behavioral expectations when on the late bus as on their regular bus run. The late bus is provided to support students staying for extra-curricular programming as well as Homework Hall on Tuesdays thru Thursdays. Students from Hitacu can access the local taxi and need to let the office know prior to beginning their extra-curricular or homework activity.**

Mental health and wellness initiatives happening before winter break

Sexual Health Education with options trained Sexual Health Educator Hillary McLeod

Throughout the 2024/2025 school sessions of education, 2 lessons per every student at USS. Session one on consent, body autonomy, and

In November all Grade 8 students is Preventable (VIP) Program from Society. Topics discussed program support the following not your fault, (2) you are not alone and (3) there are people who can help. There will be mental health supports available for students throughout these sessions.



year all USS students will receive 4 session, for a total of 8 workshops for has been completed which focused access to sexual health education.

received education from the Violence West Coast Community Resource throughout the curriculum of the VIP three main messages: (1) violence is

USS has a weekly youth clinic on Wednesdays with Public Health Nurse Karyn Bernard. Youth Clinic is a place where students can access confidential health information, resources as well as sexual health support.

At the beginning of November, the McCreary Center Society held a Youth Forum to share the results of and gather feedback

regarding the BC Adolescent Health Survey with 30 USS students attending. The feedback received from our students will inform both local and provincial initiatives regarding health and wellness, thank you to all who attended.

Wellness Wednesdays is an ongoing initiative that provides weekly opportunities for connection and resources for students during lunch. The program often facilitates an activity or craft, with snacks and various topics of conversation surrounding mental health and wellness.

Ucluelet Secondary Schools Mental Health Worker, Emily Collins (ecollins@sd70.bc.ca) and School Counsellor Sarah Hagar (shagar@sd70.bc.ca) are available to support both students and their families.

If you have any questions or would like information or support do not hesitate to email or reach out. To follow along with various wellness updates, follow USS_wellness on Instagram.



USS' Power Outage Protocol

At school:

If the power goes off when students are in session USS has a generator for our administrative wing of the building. Here are USS' procedures:

- grade 8 and 9 students are brought to the Library and Learning Commons by staff
- grade 10-12 students will be brought to the Learning Commons by staff
- while this is occurring admin contacts BC Hydro to determine length of outage and inform SD70's Superintendent of Schools
- if the power outage length is undetermined or will be out for an extended period families will be contacted via email if possible and a notice will be sent out through the SD#70 Pacific Rim App ([see bottom of SD70's Home Page to download](#)) as students will be sent home.
- buses will be arranged to transport out of town students with local students being dismissed to walk home.

Before school:

If the power is off at 7am admin will contact BC Hydro.

If power outage length is undetermined or will be out for an extended period families will be contacted via email if possible and a notice will be sent out through the SD#70 Pacific Rim App ([see bottom of SD70's Home Page to download](#)) and school will be closed to students for the morning.

If the power is restored by noon there will be afternoon classes though buses will not be running.

Winter Gear Callout

We are asking if any families have lightly used good quality rain jackets, gloves, and/or boots we would love to add these to our USS collection for students. Please connect with Mr. Lucas Anderson at landerson@sd70.bc.ca for more information.



Important Dates:

- January 24th last day of term one
- January 27th turnaround day – no students at school + GRAD PHOTOS
- January 28th – First day of term two + GRAD PHOTOS
- February 4th -NTC and VIU senior visit for post-secondary
- February 10th -Semester One reports go home
- February 13th -Garde 9 Immunizations
- February 14th- Professional Development Day
- February 17th – Family Day Holiday
- March 17th-28th – Spring Break Holiday
- March 31st – School Back in session

A reminder to please download our school website app at the bottom of our school website (<https://www.sd70.bc.ca/uss>) for the most current USS information e.g., School Plan, Emergency Plan & Updates, Athletic Code of Conduct, etc.