



USS Grade 10 Course Selection

REGULAR PROGRAM

Please write your top three elective choices in spaces 7, 8, and 9.

Courses:

1. Career Life Education 10
2. English 10 (Composition 10 & Literary Studies 10)
3. Social Studies 10
4. Science 10
5. Math 10 (check one)
 - Foundations of Math & Pre-Calculus 10
 - Workplace Math 10
6. Physical and Health Education 10
7. _____ (elective)
8. _____ (elective)
9. _____ (elective)

If you are interested in applying for Land Based Learning please check the box below.

Land Based Learning



First name: _____

Last name: _____

ELECTIVES:

LANGUAGES

- * French 10
- * nuu chah nulth 10

Arts & Applied Design Electives

- * Art Studio 10
- * Drafting 10
- * Foods 10
- * Music 10
- * Technology Explorations 10
- * Textiles 10
- * Woodwork 10

Please take the time to choose carefully now. We use your choices to create our timetable. It may not be possible to change your mind at a later date.

**COURSE FORMS MUST BE HANDED
INTO THE OFFICE BY FRIDAY, MARCH
6TH, 2026.**

If you need help, please contact USS counsellor Sarah Hagar
shagar@sd70.bc.ca.

NOTES & PARENT/GUARDIAN ACKNOWLEDGEMENT

PARENTS/GUARDIANS _____

Signature & Date
