

Ucluelet Secondary

Second Session: February 2023

Time allotted for each grade: 2x 1 hour

Content Overview:

Grade 8/9

Part 1:

Navigating Body Boundaries and Consent

- *Advocating for your body*
 - Exploring personal boundaries
- *What is SEX?*
 - Sexual thoughts, feelings and fantasies
 - Sexual acts and behaviours
 - Sexual readiness; ready or not?
- *Consent and the law*
 - What does it look like, feel like and sound like?
 - Exploring safety and consent
 - Defining sexual assault and sexual harassment
 - Exploring resources and support

Part 2:

Porn and Consent

- *What's missing?*
 - Recognizing fantasy vs. reality
 - Deconstructing representations of sex in porn
 - Effects on body image and relationships
- *Accessing porn*
 - Porn and the law
 - Consent and online behaviour
 - Sexual exploitation
- *Healthy Flirting*
 - Differentiating between unwanted attention and flirting

Grade 10

Part 1:

Sex and Consent

- *Body Boundaries*
 - Defining and articulating personal boundaries
- *Sex and Slang*
 - Defining sexual behavior
 - What counts as sex?
- *Recognizing and Practicing Consent*
 - Identifying the difference between consenting and non consenting behaviour
 - Alcohol and sex
- *Seeking support*
 - Consent and the law
 - Definitions of sexual assault
 - What to do in an unconsenting situation

Part 2:

Porn and Intimacy

- *Fantasy vs. Reality*
 - Breaking the Binary
 - Debunking unrealistic expectations
 - Pleasure and porn
- *Power and Coercion*
 - Violence and relationships
 - Sexual exploitation
 - Porn and the law
- *Healthy Flirting and Dating*
 - Defining Intimacy and pleasure

Grade 11/12

Part 1:

Creating a Consent Culture

- *Advocating for self*
 - Re-evaluating personal boundaries
- *(S)expectations*
 - Mythbusters; sex and sexual behaviour
- *Recognizing and Practicing Consent*
 - Deconstructing coercion
 - Alcohol and sex
 - Examining the bystander effect
- *Rape culture and current events*
 - What is sexual harassment and sexual assault?
 - Navigating unconsenting situations and support

Part 2:

Calling On Consent

- *Porn and the porn industry*
 - Exploring practices of recruitment, treatment and pay
 - Consent and online use
 - Pleasure and porn
- *Power and Coercion*
 - Violence and relationships
 - Fantasy vs. reality
 - #MeToo movement
- *Healthy intimacy and pleasure*
 - Exploring diverse perspectives of intimacy and pleasure

Learning Expectations:

Students will be able to:

- ❖ Define consent and distinguish between consenting and non-consenting behaviour.
- ❖ Identify and advocate for their personal boundaries and the support and resources available to them.
- ❖ Critically analyze and assess representations of sex and pleasure in the media.
- ❖ Evaluate the impact of rape culture on our concepts of dating and relationships.

Future sessions:

Body Changes and Body Choices

- Pregnancy; how it happens
- Birth control/condom use
- STI's prevention
- Sexual decision making; Influences and impacts on sexual health choices
- Responsibilities of sexual relationships

Representations and Perspectives of Relationships

- Defining healthy, unhealthy and abusive behaviors
- Dealing with rejection and break ups
- Online dating and social media
- Exploring the difference between sex and love