Child and Youth Mental Health Presents:

Understanding your Child’s Anxiety

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  |  | | | | |
|  | Join us for an online information session tHURSday, APRIL 13th, 2023; 6:00-7:30 PM*(UNTIL 8:00 pm, FOR QUESTIONS)* | | | | |
|  | *Learn information about childhood and adolescent anxiety* |  | *Learn strategies to help your son or daughter cope in stressful situations* |  |  |
|  | To register please email rosalinda.bose@gov.bc.ca | | | | |