



The Grapevine

Alberni District Secondary School

October 2025

Web site Address: www.sd70.bc.ca/adss



IMPORTANT DATES

Fri Oct 10	School Photo Retakes
Mon Oct 13	Thanksgiving Day – school closed
Wed Oct 15	Learning Updates (Parent Teacher Conferences) 5:00–8:00pm Friday Schedule – early student dismissal @ 1:25pm
Thurs Oct 16	Learning Updates (Parent Teacher Conferences) 2:00–5:00pm Friday Schedule – early student dismissal @ 1:25pm
Fri Oct 24	Professional Development Day – No school for students
Wed Oct 29	Fall Band Concert
Fri Nov 7	End of Term 1
Mon Nov 10	Professional Development Day – No school for students
Tues Nov 11	Remembrance Day – School Closed
Wed Nov 12	Start of Term 2

School Bus Registration

Link to Online Registration [here](#)



Reporting an ABSENCE:

If your student is absent or late, please use **one** of the options below:

1. Download app
Pacific Rim Schools
2. Call the Main Office at 250-723-6251 ext 4
When leaving message
please speak clearly, state first
and last name of student
3. Email: adss@sd70.bc.ca

Where can I get information?

➡ On the ADSS website [Alberni District \(sd70.bc.ca\) www.sd70.bc.ca/adss](http://Alberni District (sd70.bc.ca) www.sd70.bc.ca/adss)

➡ On Facebook @ *Alberni District Secondary School*



ADSS clothing on sale until October 31st via our online provider from Vancouver. Items will arrive early December for distribution before Christmas break. See link below:

[ADSS Spiritwear](#) | [Beyond Mars Promotions](#) | [powered by OrderMyGear](#)



Donations needed tiičmis Wellness Centre at ADSS

What You Can Donate:

- Shelf-stable Food
- Hygiene products
- Clothes (sweatpants needed)

Help youth access these essentials

Email cboudreau@sd70.bc.ca for more information

Drop off point:
ADSS Wellness Centre (near the theatre)

ORDER YOUR YEARBOOK!

Purchase your yearbook online or pick up a form from the Main Office.
Yearbook deadline is FEBRUARY 27, 2026



Alberni District Secondary School



2025-26 Yearbook
\$60 each



DEADLINE Feb 27, 2026

Purchase your copy online
with credit card or PayPal

<http://ybstore.friesens.com/stores/300700>

Student Name:	
Grade:	
Phone #:	

*Please use a separate form for each yearbook purchased:

**If not ordering online, please complete this form and bring your cheque
(payable to ADSS) or cash \$\$ to Mr. Roberts – Room #250**

Cash ☐	Cheque ☐	Name on Cheque:	Home phone:
Date:		Email Address:	

Capture your High School memories - order your copy today!

ORDER  **YOUR**
Yearbook

****All orders are final.
Refunds are not available****

Join CPF Port Alberni!

Canadian Parents for French (CPF) is a national non-profit organization that is divided into provincial/territorial branches and from there community chapters. The main purpose is to promote bilingualism through French language learning and cultural opportunities. Locally, our passion is to create opportunities to build community amongst French language learners and their families. Every year our local chapter our volunteer members is working hard to bring events and learning opportunities to our community including French summer camps, French story times at the library, French movie nights and more. Additionally, we apply for funding and help organize various cultural activities for students. For every new member that joins before November 30, our chapter gets additional funds we can give back to our community of French learners! Complete this form to join today!

<https://form.jotform.com/cpfbcyuk/cpf-membership>

Information for Grade 12 Students

For Grade 12 students who are looking for support when applying to Post Secondary Schools, please see the following links below:

[Post-Secondary Information - see links below for resource documents and updates!](#)

[Registering for a BCeID and Accessing the StudentTranscripts Service \(youtube.com\)](#)

[STS My Dashboard: Transcripts & Certificates - Province of British Columbia](#)

[How to order and or send a transcript to a Post –Secondary Institution \(youtube.com\)](#)



StudentTranscriptsService

Information For Students

StudentTranscripts Service (STS) is an online application for students to view their school marks, transcripts, scholarships and send transcripts electronically to post secondary institutions and employers.



Get Started

To register for STS students will need:

- Personal Education Number (PEN).
- Full legal name
- Date of birth
- Email address

Step 1 Go to the Ministry of Education's **Transcripts and Certificate website** at <http://www.StudentTranscripts.gov.bc.ca>.

Step 2 You **must sign up** for a BCeID before you can use the StudentTranscripts Service.
For BCeID signup, you need to:

Sign Up for a BCeID

- Complete the fields to register for a basic BCeID
- Select your password reset questions and answers
(**remember these** as you will need them if you forget your password)
- Follow the system prompts and sign up for StudentTranscripts Service.

Step 3 Log-in to StudentTranscripts Service using your BCeID.

When registering for the StudentTranscript Service using your BCeID, you will be prompted to:

- Enter your student information used by your school (see **Get Started** information above)
- Read the personal data collection info and complete the process by clicking "submit"
- An email will be sent to the email address provided and must be activated within 24 hours of receipt or you will need to complete the registration process again
- Once activated, you will be able to log onto STS using your BCeID and password.

Log in with BCeID

Step 4 From your STS Dashboard, you can choose your post-secondary institutions (PSIs) selections, preview, send and order transcripts, view exam and assessment results and view scholarship information. Please note that all transcripts previewed in the STS are considered unofficial, but official transcripts will be sent out when ordered.

You will need to consent to the STS privacy notice which enables the ministry to send your transcripts to your selected PSIs by paper or electronically depending on how the PSI is able to receive transcripts. Printed copies of transcripts may take up to 3 weeks for processing and delivery to your selected PSIs.

Troubleshooting:

For BCeID questions: <https://www.bceid.ca>

For StudentTranscripts questions: servicebc@gov.bc.ca.



SD70 – PACIFIC RIM CAREER EDUCATION

DUAL CREDIT Courses & Programs available to students



FULL YEAR PROGRAMS

you do not attend ADSS for classes at all

Dual Credit Certificate Programs - Grade 12's (sometimes Grade 11's)
This is a full-time program that students can take during their grade 12 year. Includes Early Childhood Care and Education, Health Care Assistant, and Human Service Worker. Program schedule is set by NIC and may include daytime, afternoon, or evening courses. (*Your tuition is covered by the School District.*)

Youth TRAIN in Trades - Grade 12's (sometimes Grade 11's)
Apprenticeship Technical Training

During school hours - This fulltime program that will allow you to take your first-year trades training such as: Automotive, Welding, Professional Chef, Cabinet Making, and more at post-secondary institutions. (*Your tuition is covered by the School District.*)



HALF YEAR PROGRAMS

attend ADSS for other classes around these DC classes

Emergency Medical Responder Course – Grade 12 (sometimes Grade 11's)

This Academic Dual Credit course is offered through a partnership between SD70 and Columbia Medical Training. This course takes place at ADSS and will be delivered within the regularly scheduled timetable in first or second semester.

Academic Dual Credit Programs with North Island College in your Grade 12 year. (Usually in second semester)

This opportunity allows you to take first year transferrable University courses at NIC while you are enrolled at ADSS. (*Your tuition is covered by the School District.*)

JANUARY	FEBRUARY	MARCH
Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
APRIL	MAY	JUNE
Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

OTHER COURSES/PROGRAMS/OPPORTUNITIES

these courses are usually done outside of the regular timetable and completed after school hours

Work Experience—Grades 10,11,12

The WEX 12A & WEX 12B courses can allow you to receive 4 credits per course towards graduation for work experiences that are related to your career pathway. See Mr. Parmar if you are interested or want more info.

Youth WORK in Trades - Grades 10,11,12

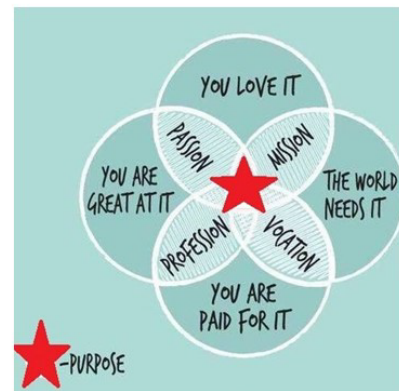
Secondary School Apprenticeships

This program allows you to earn up to 16 credits toward graduation if you are interested in or currently working in one of the over 100 apprenticeship areas like: welding, cooking, auto mechanics, plumbing, and electrical. Visit SkilledTradesBC to see more options. See Mr. Freethy or Ms. Mowat for more info about this program.



If you are interested – come to the Career Centre to see us! NOW is the time to start discussions about these programs for your Grade 12 year.

Mr. Freethy – Mr. Parmar – Mr. Manhas – Mrs. Mowat



School Food at ADSS



We're excited to share that ADSS now has **snack fridges** available for students! These fridges are stocked with healthy, ready-to-grab snacks for any student who needs them — whether they forgot their lunch, are extra hungry one day, or don't always have enough food to bring from home.

The goal is simple: to make sure no student is sitting in class hungry. We want this resource to feel open to everyone, without stigma, so that students can grab what they need without hesitation.

The fridges have been very popular (which is a good thing!) — students are eating, and eating well. To help keep them stocked, we encourage families who are in a position to give to consider donating to our lunch and snack program provider, Nourish Cowichan, at [Pacific Rim School District | Partnership | Nourish Cowichan](#). Your support will go directly toward feeding kids at ADSS and other schools across the community.



Lunch Program

Pacific Rim School District is making sure every student has access to nourishing meals.

With support from Feeding Futures and the National School Food Program, we're helping students feel well, learn better, and reduce food insecurity in our communities.

While this funding provides crucial support, community donations are essential to bridging the gap and keeping the program running sustainably.

Follow the QR code to learn how to:
PARTICIPATE | VOLUNTEER | SHARE | DONATE
Or visit: www.sd70.bc.ca

A collage of various food items including burritos, potatoes, soup, fruit, and pancakes, arranged around the central text.

PACIFIC RIM SCHOOL DISTRICT'S

SCHOOL MEAL PROGRAM

EVERYONE BELONGS AT THE TABLE

Interested in more healthy meals for your teen? Check out the **School Meal Program**, which provides enrolled students with a delicious lunch and snack every day, delivered fresh from our kitchen at EJ Dunn. Learn more here: sd70.bc.ca/school-meal-program.

Breakfast Club

Don't forget about the **ADSS Breakfast Club**, served each morning before school in the lower commons! Free for students with a rotating menu of foods fresh from our kitchen at EJ Dunn. We're always looking for volunteers (student or adult), email cboudreau@sd70.bc.ca if you're interested! Donations welcome

Thank you for helping us build a school culture where all students are nourished, included, and ready to learn.



Here is a useful resource for students & families to begin planning for Post-Secondary Education.



Parents as Education & Career Coaches



EducationPlannerBC, in collaboration with school district partners, invites parents and supporters to join our virtual presentation:

Wednesday, October 29, 2025, from 6:30 – 7:45 p.m.

Learn about post-secondary education in B.C. Did you know there are 25 public post-secondary institutions with over 4,000 programs across the province? Come explore all your opportunities at EducationPlannerBC.

We'll show you how to use EducationPlannerBC's website to search thousands of programs, get to know trades, and discover career paths. Find helpful resources, including financial aid options, admission requirements, FAQs, and the Glossary. Learn how to create an account, save programs, paths, and careers to My List, and apply to post-secondary in B.C.

Have a student that attends a **Vancouver Island Coastal Region school?**

Register using the QR code or by [clicking here](#).



For more information, contact support@educationplannerbc.ca

www.EducationPlannerBC.ca

SCHOOL-BASED MENTAL HEALTH SUPPORT

Candace La Rochelle

School Counsellor & Grade 8 Advisor

By Appointment (Mon-Fri)

My main mission is to support students so that they can function to the best of their ability in our building and beyond. No topic is beyond my reach.

Cathy Patterson-Sterling

School Counsellor & Grade 8 Advisor

By Appointment (Mon-Fri)

My approach is strength-focused as I support students to build on strengths so that they can thrive both in and out of the classroom. I provide guidance, resources and a safe space to help students navigate challenges, build skills, and plan for their futures.

Amanda Simister & Kayla Ralph

ICY Counsellor & Peer Support Worker

By Appointment (Mon-Fri)

We are structured, integrated team, offering wrap-around services and both clinical and non clinical supports for youth, provided in an outreach model. Other supports can be included – family doctors, social workers, coaches, support people, Elders, other professionals based on the youth's needs.

COMMUNITY MENTAL HEALTH SUPPORT

Amelie Duquette

Substance Use Counsellor, ADAPS

By Appointment (Tues 9-12:00)

I am passionate about working with youth and meeting them where they are at. Everyone deserves respect and dignity. Learning more about alcohol and other substances can help youth make informed decisions, reduce harm, and be safer around substances.

Jordan Higgins

Prevention Coordinator, ADAPS

Drop-In (Mon 9-11:00)

Using a goal-based framework, I help youth set small, achievable goals to support their overall wellness. I focus on building protective factors, identifying barriers, and creating opportunities to strengthen resiliency.

Samantha Deutsch

Youth Outreach Worker

Drop-In (Wed 8:30-11:30)

We provide youth with emotional and crisis support, guidance, and resources and connect them to local resources that offer information about drug and alcohol awareness, sexual health, employment, and housing with a focus on harm reduction, risk education, and safety planning.

COMMUNITY PHYSICAL HEALTH

Registered Nurses

Youth Clinic, Island Health

Drop-In (Tues & Thurs 2:00-4:30)

We have an office and an exam room in the Wellness Centre, accessible from the outside of the school that offers services to youth 25 and under. We provide youth sexual health services including birth control, STI, UTI, pregnancy and pap testing and treatment.

Adrienne Cloke

Dental Hygienist

By Appointment or Drop-In (Last Fri of the month 9-1:20)

I offer one-on-one consultations (by drop in or appointment) to discuss specific dental issues with students. This can include looking in the mouth and determining the student's issues and connecting youth with free or low-cost options to help with their dental needs.
