**WEPAC**

Agenda

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Location: Via Zoom and Room 102

Jessica Hutchinson is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

https://us02web.zoom.us/j/89781691149

Date: Feb 18, 2025

Time: 6:00 pm

Present

Directors: April, Rob, Jess

Staff: Dani

Public: Emily, Ron, Hannah

Regrets

Directors:

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1. CALL TO ORDER                                                              *motion April Rob 2nd*
2. ACKNOWLEDGEMENT OF TERRITORY

*The WEPAC respectfully acknowledges that we all live and learn in the unceded territories of the Tla-o-qui-aht & Nuu-chah-nulth First Nations.  As parents of future generations, we must all strive to provide safe, inclusive spaces and continually seek opportunities to grow and learn together.*

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1. APPROVAL OF MINUTES FROM LAST MEETING *motion Jess April 2nd*
2. APPROVAL OF AGENDA                                                    *motion Rob Emily 2nd*

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1. UNFINISHED BUSINESS
2. Admin Update
   1. Pink Shirt Day on 21st. Tree in forest will be dealt with soon with Vern B. Arts starts. Upcoming talent show March 13th. Learning updates coming on March 14th and IEP will be also sent out then with updates as needed. Swiminning to fill one day not realistic, remaining funds will be kept for next year. Need for new kick boards and pool noodles. Sexual health curriculum lead by Hillary was well attended by parents and proceeded in the school this week, great feedback from teachers and students. Gyn will be painted soon but unsure exact date. Kitchen reno coming soon but unsure when.  $15k additional cost for kitchen reno for unexpected electrical costs. Fun Fair will be run by Grade 7s need to raise dollars for Vancouver Trip. April 25th at 4 pm to 6 pm by donation at door. Learning on the Land Port Alberni high school program are having a sleepover in the gym tonight. Next PAC meeting is March 12th. Grade 7 class had a ‘cat fishing’ incident where one student was pretending to be someone else online on social media and arranged to meet, it was caught prior to the incident occurring by parent/guardian. Approval was given to share story as a lesson to other students and parents. In the past brought in “White Hatter”. All kids involved are having a group conversation with parents and school and the RCMP about this and online safety. Talk about how watching and not doing something makes you complicit. Consider a pledge for school to not buy kids phones or be on social media, going to look into this piece more and come back to PAC with an idea of the best approach. The “Great Rewiring of Childhood” recommended book.
3. Chef Update
   1. Things are good. New fridges. Funding is secure for the through the summer. West Coast Tourism Association is considering an application to ensure more part time support for Chef. Looking at grant with CBT for $6K to support after school EA and funding for sus chef. Backpack Program providing coop gift card to help families in need.
4. NEW BUSINESS
   1. Are we up to date on swim invoice, e-transfers from Funday Monday, and banking access for Rob? - Rob needs to info from Jess and April to set up bank account; Needs help from Cynthia to close CIBC account;
   2. Motion to support funds for Fun Fair dinner. Rob April
   3. Sharing free webinar opportunities for parents/guardians/caregivers around mental health and substance use. Please note participants must register.

*The Ministry of Education and Child Care, in partnership with adolescent clinical psychologist Dr. Hayley Watson from* [*Open Parachute*](https://www.openparachute.ca/)*, will host three, free virtual sessions for parents, guardians and caregivers that will focus on practical skills you can teach your child and youth (ages 0-19) to prevent substance use and mental health needs. These sessions will build on a previous presentation, which focused on practical conversation tools for speaking about substance use prevention with your children/youth. The* [*previous session*](https://vimeo.com/915381309?share=copy) *is not a pre-requisite for this session.*

**Key takeaways for participants during this session:**

* Learn the factors that lead to substance use and mental health needs from a trauma-informed lens
* Focus on prevention rather than intervention/response
* Applies to parents, guardians and caregivers of all age groups (youth aged 0-5, 6-10, and 11-18)
* Learn ways that these skills can be applied to yourself and the rest of your family to support the mental health of parents, guardians and caregivers

**Participants must register in advance. Session dates are:**

* [February 20, 6:00-7:30 pm PST](https://www.eventbrite.com/e/substance-use-prevention-part-2-mental-health-decision-making-tickets-1145788647689?aff=oddtdtcreator)
* [February 25, 6:00-7:30 pm PST](https://www.eventbrite.com/e/substance-use-prevention-part-2-mental-health-decision-making-tickets-1203722810329?aff=oddtdtcreator)
* [February 26, 6:00-7:30 pm PST](https://www.eventbrite.com/e/substance-use-prevention-part-2-mental-health-decision-making-tickets-1203728517399?aff=oddtdtcreator)

1. OTHER BUSINESS

 ADJOURN                                                                                April Rob 2nd      *motion*