



Pacific Rim Elementary Sports Council Rugby Program

March 2024

Parents/Guardians,

The Pacific Rim Elementary Sports Council in partnership with SD70, Black Sheep Rugby and the After School Sports and Arts Initiative is happy to offer youth rugby to students in Grades 4-7 this spring. If your child is interested, please retain this page for your records and return the following consent pages to your child's school.

Training this year will be offered at two hub sites while games will be hosted at the Black Sheep Rugby Club. Students from Tsuma-as, Howitt and Alberni Elementary Schools will train at Alberni Elementary. Students from Maquinna, Wood and Dunn Elementary Schools will train at the Black Sheep Rugby Club. Although they will be training together, during games athletes will represent their own school whenever numbers allow.

Transportation from Tsuma-as to Alberni Elementary and Maquinna to Dunn Elementary will be provided via the regular SD70 bus schedule. Students from Howitt and Wood Elementary schools should contact their school's rugby sponsor or administrator to arrange transportation to their school's respective training hub sites. ***Parents and coaches volunteering to transport other students must also complete the Volunteer Driver Application (attached).*** Transportation to games will be arranged by respective school sponsors and coaches.

Please retain this season's schedule:

Teams Training @ Alberni Elementary School Hub	Teams Training @ Black Sheep Rugby Club Hub
Alberni Elementary Tsuma-as Elementary Howitt Elementary *Haahuupayak Elementary	Dunn Elementary Maquinna Elementary Wood Elementary *John Paul II Elementary
*Non-SD70 Schools invited to join training sessions	

Training Session Dates @ Hub Site		Gamedays @ Black Sheep Rugby Club	
April 8 th Grade 4/5 Only	April 10 th Grade 4/5 Only	Grades 4/5 Flag Only	April 17 th
April 15 th Grades 4, 5, 6, 7	April 22 nd Grade 4, 5, 6, 7	Grades 6/7 Flag & Contact	April 24 th
April 29 th Grades 4, 5, 6, 7	May 1 st No training (conferences)	Grades 4/5 Flag Only	May 8 th Jambouree & BBQ
May 6 th Grade 6/7 Only	May 8 th No Training	Grades 6/7 Flag and Contact	May 15 th Jambouree & BBQ
Training 3:00pm - 4:30pm		Games 3:30pm to 4:45pm	

Parents/Guardians must pick up their children from training and games on time. Volunteers should not be asked to wait at either site.

Athletes should come to training and games in athletic wear with runners or plastic cleats. No metal cleats, please! For both flag and contact rugby, athletes are asked to remove all jewelry or sharp clothing. For contact rugby, mouthguards and explicit training on how to tackle and be tackled safely will be provided. Students in Grades 6 and 7 will be trained in how to play full-contact rugby and given the option to play contact or flag on gamedays.

Please return the following forms (acknowledgment of risk, media release and confirmation of understanding of PRESC philosophy) to their child's school by **April 8th, 2024** to ensure your child's place in this programme.



 Jelena Dyer
 Representative PRESC & SD70 Coordinator ASSAI



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RETURN THIS PAGE (FRONT & BACK) TO YOUR CHILD'S SCHOOL

ACKNOWLEDGEMENT AND ACCEPTANCE OF RISK, AND CONSENT

I have reviewed the description of the PRESC Rugby program and feel that I have sufficiently informed myself about the nature of the activities involved. I acknowledge that there are risks, dangers, and hazards associated with my child's participation on the team including, but not limited to: COVID-19; impact and collision with other players, instructors, or spectators; impact with objects or equipment used in connection with playing rugby; changes in the type of surface and the condition of each surface, including the field; adverse weather conditions; loss of balance; failure to play safely within one's own ability; failure to play against others of equal stature or ability; theft; consumption of food and drink, whether made by professionals or by non-professionals; and negligence of other participants, SD70 staff or volunteer coaches.

Signature of Parent/Legal Guardian:

Date: _____

Parent/Legal Guardian Name (please print)

CONSENT FOR MEDICAL TREATMENT:

It is part of our safety procedure that we notify a parent when a child is ill or needs medical attention. When we cannot contact parents and we need to get immediate help for the child, our procedure is to take the child to the nearest emergency service or medical center possible. Please sign the consent below so that we can get immediate help for your child when needed. This consent will be brought with us to the emergency center.

*I hereby give consent for my child (print name) _____
to be taken to a medical facility by Program Staff when I cannot be contacted. I hereby give consent
for my child to receive medical treatment.*

My Child's Care Card # is: _____

Signature of Parent/Guardian:

Date: _____

CONSENT FOR PHOTO RELEASE:

*I give permission for the image/photo of my son/daughter, _____,
to be used to promote SD 70 – After School Arts and its partner's programming (for example
brochures, photo displays, posters, websites, etc.).*

Signature of Parent/Guardian:

_____ Date: _____



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PHILOSOPHY AND GUIDELINES FOR PARENTS

PHILOSOPHY:

The aim of Pacific Rim Elementary Sports Council (here after P.R.E.S.C) is to provide opportunities for elementary-aged students to participate in quality extra-curricular sports programs throughout the Alberni Valley and School District No. 70. P.R.E.S.C supports organized sports programs that emphasize the development of healthy attitudes in a positive, enjoyable environment.

It is the responsibility of the coaches and sponsors to provide adequate supervision during all practices and games and to model appropriate attitudes and behaviours. Each coach should teach skills in a positive, supportive manner and be generous with praise and encouragement. The students should be taught respect for each other, the referees, and the coaches. An emphasis should be placed on co-operation, fair play, safety, and general enjoyment of sports. A strong sense of team spirit, of representing one's school with respect, and of pride in one's contribution to any team sport should be paramount.

Finally, whether it be in the regular season or in tournaments and jamborees, participation, and fair play should not be overlooked in the pursuit of success.

As a parent, you play a vital role in helping P.R.E.S.C achieve these goals.

GUIDELINES:

1. Keep comments positive and supportive.
2. Recognize and applaud good play by both teams.
3. Encourage your child to respect the referee's decision and rules interpretation through overt, appropriate modeling.
4. Follow the "24-hour rule" before addressing any concerns. Parents are asked to wait 24 hours before addressing coaches, or school staff about issues related to Elementary Sports. Of course, in situations where player safety or other more urgent types of concerns exist, people were asked to use their own best judgment. Please discuss concerns with the coach discreetly and in a setting other than a game venue or practice.
5. Appreciate that coaches, referees, and other officials are unpaid volunteers giving up their time to provide an opportunity for your child to participate.
6. Recognize that in many cases, just like the players, coaches and officials are also learning their roles. Appreciate that mistakes will be an inevitable part of the learning curve for them all.
7. Understand that P.R.E.S.C has adapted and simplified rules to make them more appropriate to the developmental level of elementary aged children. A good official will further modify interpretation to accommodate skills levels evident in specific games. Therefore, rules may appear different than those evident at other levels.

EXPECTATIONS:

1. That P.R.E.S.C Philosophy and Guidelines for Parents be circulated for signature to parents and guardians of players prior to their participating on an elementary school team.
2. That the Philosophy and Guidelines for Parents be posted at a prominent location near activity venues (i.e. Gymnasium bulletin board).
3. That if a P.R.E.S.C official encounters a situation where a parent or coach does not adhere to this Philosophy and Guidelines, that they request the offending party to leave or suspend play.

I, _____, have read, understand, and agree to follow the P.R.E.S.C Philosophy and Guidelines for Parents as indicated in this handout.

(Parent/Guardian Signature)



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VOLUNTEER DRIVER APPLICATION

School: _____

Driver's Name: _____ Telephone: _____

____ Parent ____ Teacher/Coach ____ Other

If you checked "Parent", name of your son/daughter _____

Address: _____ Postal Code: _____

Vehicles to be used	Vehicle 1	Vehicle 2
Year/Make/Style		
Colour		
License Plate		
Passenger Capacity		
Owner's Name		

REGULATIONS

In volunteering to transport students, I confirm my awareness of the following School District regulations:

1. Vehicles used for student transportation must be rated appropriately and insured with minimum Third-Party Liability insurance of \$ 1,000,000. My vehicle must be properly equipped with seat belts for each occupant including myself; seat belts must be secured when traveling.
2. The School District does not accept responsibility for any damage to the vehicle in the event of an accident, nor for deductible, loss of insurance discount, or loss of use.
3. I agree to operate the vehicle safely and in a legal manner and to the best of my knowledge, the motor vehicle is in good mechanical condition.
4. The vehicle will be equipped with winter, all-season tires and/or chains for winter conditions.
5. For safety and health reasons, I will not smoke in my vehicles while transporting students.
6. I will not, at any time during my performance as a volunteer driver, imbibe any alcoholic beverages or use any restricted substances.
7. I will not operate the vehicle in an unsafe manner or in contravention of any statute or regulation governing the operation of motor vehicles.
8. I will provide a driver's abstract to the School Principal prior to the trip.
9. If I am not a parent or guardian, I must submit a criminal record check prior to the trip.
10. I will not transport more than 8 occupants at a time.

VOLUNTEER DRIVER'S AND VEHICLE OWNER'S DECLARATIONS

(I/We) have read the above items 1 through 10, regarding transportation of students for sanctioned school activities and accept and agree to follow these School District regulations.

Driver's Signature

Date

Vehicle Owner's Signature

Administrator's Signature